

**NEW**  
Telephone Helpline

# Respect For All Counselling

## Mental health first-aid helpline and support service



### Who is it for?

Residents of Greater Manchester who are:

- People with Learning Disabilities
- Autistic People
- Their family members and carers

We want to support any of these people who might be affected by the current Coronavirus crisis, or who just need some short-term telephone support.

### Who are we?

Respect For All Counselling is a long-established counselling service covering the whole of Greater Manchester specifically for this clientele.

Our counsellors will be running the helpline. Collectively, they have decades of experience in helping these clients.

**Call us on 0161 532 4075**

Read more or request a call back at:  
[www.respectforall.org.uk/counselling/helpline](http://www.respectforall.org.uk/counselling/helpline)

## When is help available?

There is an answer phone available 24 hours a day.

Please leave a message, and someone will call you back during office hours.

The phones will be manned 2 hours a day, with staggered opening times Mon – Sat. Please check our website for current times.

The service is planned to run for at least 6 months, possibly 12 months, depending on demand and the current ongoing situation.

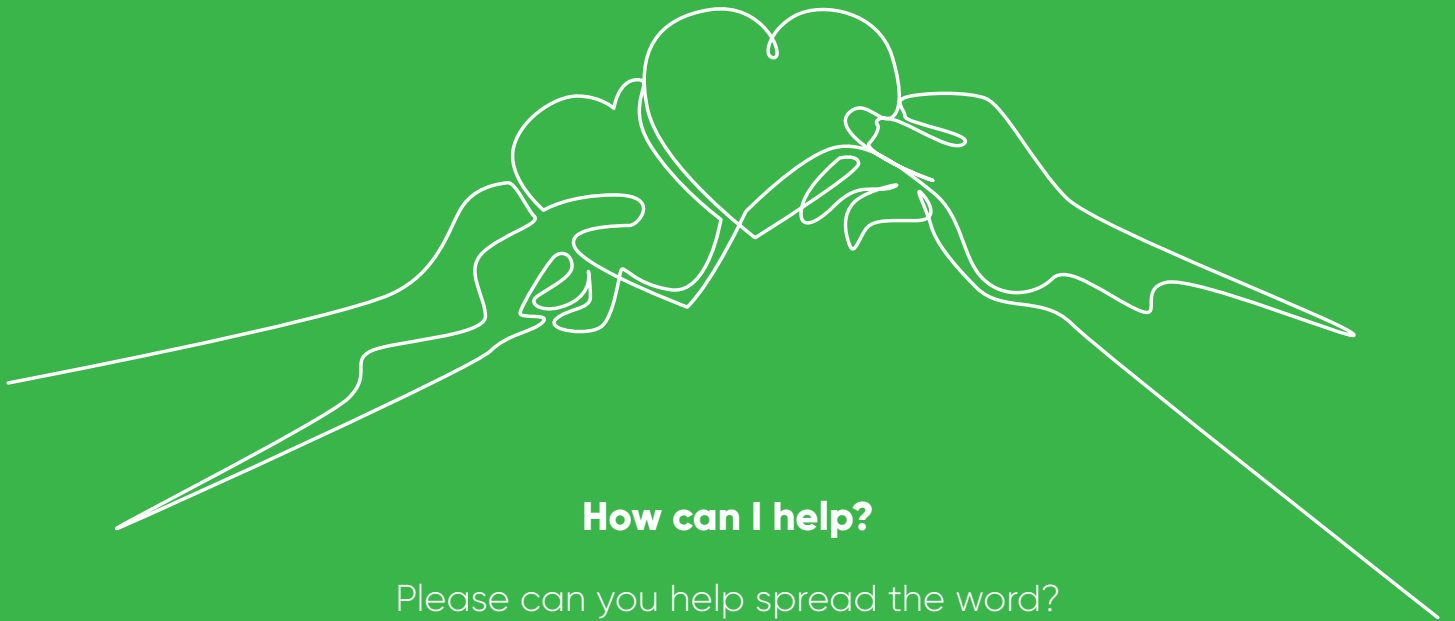
## What help is available?

Our trained counsellors will listen and advise every caller.

We can provide a follow up service for a limited time, for those who need more help than one phone call can provide.

We will arrange to ring you back at a time that suits you.

We can also refer onwards to other organisations who might be able to offer practical help.



## How can I help?

Please can you help spread the word?

We'd like to reach as many relevant people and organisations as possible!

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